

# product information

## GLYTACTIN BETTERMILK 15 ORIGINAL



SKU 35001  
 NET WEIGHT 3.2 LBS (1.5 KG)  
 SERVING SIZE 1.7 oz (49g) pkt  
 SERVINGS PER PACKAGE 30

### FOOD FOR SPECIAL MEDICAL PURPOSES (FSMP)

For the dietary management of phenylketonuria (PKU). Dispensed by prescription. BetterMilk with Glytactin is a great tasting metabolic formula. Each serving of BetterMilk contains 15 grams of Glytactin protein, blend of GMP and essential amino acids. BetterMilk is an incredibly versatile product that can be taken as a formula or incorporated into a recipe. Excellent source of DHA. One serving provides 32 mg of DHA Omega-3 Fatty acids. Probiotic cultures to support digestive health.

**IMPORTANT NOTICE** For adults and children who are under medical supervision for proven PKU. To be used as directed by a physician. Protein in prescribed amounts must be supplemented to completely meet phenylalanine requirements. Not suitable for use as sole source of nourishment.

**NOT FOR PARENTERAL USE • USE AS DIRECTED BY PHYSICIAN**

### INGREDIENTS

Whey protein isolate, trehalose, non-dairy creamer (sunflower oil, corn syrup solids, food starch-modified, mono and diglycerides, natural flavour, citric acid, and carrageenan), erythritol, vitamin blend (calcium lactate, tricalcium phosphate, dipotassium phosphate, sodium chloride, magnesium phosphate, choline bitartrate, ascorbic acid, inositol, ferrous sulphate, niacinamide, zinc oxide, D-calcium pantothenate, vitamin B6 pyridoxine, manganese sulphate, riboflavin, thiamin mononitrate, copper gluconate, folic acid, potassium iodide, sodium selenite, vitamin K 1 phytonadione, sodium molybdate, chromium chloride, biotin, vitamin B12 cyanocobalamin, vitamin A palmitate, vitamin D3 cholecalciferol, vitamin E tocopheryl acetate), leucine, natural and artificial flavours (food starch, malto dextrin, propylene glycol, dextrose, triacetin), tyrosine, arginine, histidine, DHA algal oil (glucose syrup solids, algal oil, mannitol, sodium caseinate [milk], soy protein, high oleic sunflower oil, sodium ascorbate, 2% or less: tricalcium phosphate, tetrasodium diphosphate, soy lecithin, tocopherol-rich extract and ascorbyl palmitate [as antioxidants]), tryptophan, methionine, probiotic (skim milk powder, Bacillus coagulans GBI-30 6086). Contains corn, milk, soy.

### PREPARATION

Fill a shaker cup to the 120 mL mark with cold water (add more or less water to suit your taste). Open packet at tear guide and pour into cup. Shake or stir until completely dissolved. (Will make about 170 mL total liquid.) Drink completely.

### STORAGE

Store in cool, dry place.

### PRODUCT OF USA

Nutrients	1.7 oz (49g) pkt	per 100g
Calories	160	327
Calories From Fat	45	92
Protein Equivalent, g	15	31
Free Amino Acids, g		
Carbohydrates, g	23	47
Sugar, g	9.0	18
Sugar Alcohols, g	7.0	14
Dietary Fibre, g	0	0
Fat, g	4.5	9.2
Saturated Fat, g	0.5	1.0
Trans Fat, g	0	0
DHA, mg	32	65
Cholesterol, mg	0	0
Vitamin A, IU	674	1375
Vitamin C, mg	24	49
Vitamin D, IU	134	274
Vitamin E, IU	5.2	11
Vitamin K1, mcg	22	46
Vitamin K2 (MK-7), mcg		
Thiamin (B1), mg	0.3	0.6
Riboflavin (B2), mg	0.5	1.0
Niacin (B3), mg	4.5	9.2
Vitamin B6, mg	0.4	0.8
Folic acid, mcg	134	274
Vitamin B12, mcg	1.2	2.4
Pantothenic Acid (B5), mg	1.5	3.1
Biotin, mcg	9.0	18
Choline, mg	134	274
Calcium, mg	400	816
Chromium, mcg	9.7	20
Copper, mg	0.2	0.4
Iodine, mcg	45	91
Iron, mg	4.5	9.2
Magnesium, mg	105	214
Manganese, mg	0.5	1.0
Molybdenum, mcg	12	24
Phosphorus, mg	300	612
Selenium, mcg	18	37
Zinc, mg	2.8	5.7
Potassium, mg	480	980
Sodium, mg	300	612
Chloride, mg	221	451
Inositol, mg	15	31
L-alanine, mg	610	1245
L-arginine, mg	1300	2653
L-asparagine, mg		
L-aspartate, mg	890	1816
L-carnitine, mg		
L-cysteine, mg	10	20
L-glutamate, mg	1900	3878
L-glycine, mg	110	224
L-histidine, mg	380	776
L-isoleucine, mg	1094	2233
L-leucine, mg	2890	5898
L-lysine, mg	620	1265
L-methionine, mg	230	469
L-phenylalanine, mg	23	47
L-proline, mg	1200	2449
L-serine, mg	660	1347
L-taurine, mg	30	61
L-threonine, mg	1710	3490
L-tryptophan, mg	220	449
L-tyrosine, mg	1340	2735
L-valine, mg	904	1845
Osmolalitiv. mOsm/ka	337	