

product information

KETOVIE CAFÉ KWIK MIX

Thursday, August 31, 2017



SKU 15201
NET WEIGHT 1.5 LB (680 G)
SERVING SIZE 1/4 cup (28 g)
SERVINGS PER PACKAGE 24



ketogenic ratio

FOOD FOR SPECIAL MEDICAL PURPOSES (FSMP)

A quick to mix baking blend to create pancakes, waffles, quick breads and more for incorporating into the spectrum of ketogenic diets.

INDICATION

Kwik Mix is a 4.5:1 ketogenic ratio (fat:carbohydrate+protein) intended for the dietary management of intractable epilepsy and other conditions where a ketogenic diet is indicated, such as GLUT-1 deficiency syndrome or PDHD (pyruvate dehydrogenase deficiency).

IMPORTANT NOTICE

Must be administered under medical supervision. Not suitable for use as a sole source of nourishment. For enteral use only. For individuals over 3 years of age.

DIRECTIONS FOR USE

Use as directed by the physician or healthcare provider.

Once open, reseal bag and store in refrigerator to preserve freshness for up to 6 months.

To make a 4 oz (112g) serving of waffles or pancakes (4:1 ratio):

- 1/4 cup (28g) Kwik Mix
- 2 Tbs (30g) heavy cream, 36%
- 1/4 cup (37g) egg, beaten well
- 2 tsp (10g) canola oil
- 2 tsp (7g) water

Heat griddle or waffle iron; grease with oil. Whisk all ingredients until blended and pour on hot greased pancake griddle or in a greased waffle iron. Cook pancakes on both sides until golden or bake waffles until toasty golden brown.

INGREDIENTS

Cellulose, organic palm fruit oil, almond flour, macadamia nut meal, psyllium husk powder, cream of tartar, less than 2% silicon dioxide (anti-caking), baking soda (sodium bicarbonate), salt, mixed tocotrienols (maltodextrin, modified food starch).
Contains nuts.

NUTRIENTS

	1/4 cup (28 g)	per 100g
Energy, kcal	142	507
Energy, kJ	594	2122
Total Fat, g	12	44
Saturated Fat, g	4.0	14
Trans Fat, g	0.2	0.7
Carbohydrate, g	0.7	2.5
Total Sugars, g	0.4	1.6
Fibre, g	11	39
Protein, g	1.6	5.7
Salt, g	0.4	1.6
Sodium, mg	178	636
Calcium, mg	23	82
Iron, mg	1.1	3.9
Potassium, mg	235	839
Phosphorus, mg	34	121

